

USC UNION COUNSELING CENTER

Start the Year Off Right

Are you feeling overwhelmed, stressed, or just need someone to talk to? The Union Counselling Center is here to support you on your journey to well-being. We offer a safe and confidential space for you to explore your thoughts and feelings, develop coping strategies, and achieve your personal goals. Ready to take the first step towards the best version of yourself? Get in touch today!

Available to students, athletes, and staff for free!



**Stop by the Central Bldg., Room 207 from
10 a.m. to 2 pm for in-person meetings**

Text: 803-999-7176

Email: Pghabib@email.sc.edu

Peter Habib

Virtual appointments via appointments